



From the Queyras massif to the Ubaye valley

Departure Mont-Dauphin » Arrival Gap - Hike from Mont-Dauphin to Larche

5 Days | 4 nights | Difficulty **FF** | Max. difficulty **FFF**

A 5-day/4-nights hike to cross one of the wildest areas of the French Alps, a preserved region which knew how to keep its authenticity. A guaranteed change of scenery in these mountains between the Mediterranean and the northern French Alps, with a foray into Italy!

Period recommended : July and August

Public transport at departure

Train connections from Marseille, Gap and Briançon. Bus connections to Briançon from Grenoble.

www.ter-sncf.com/Region/paca/gare/Montdauphin-Guillestre.aspx

Public transport at arrival

Bus connection from Larche to Gap via Barcelonnette, only Wednesdays and Saturdays.

www.petetin.com

Lodgings at departure

- [Gite Le Glacier Bleu](#) ~ +33 4 92 45 18 47 (olivier@leglacierbleu.fr)
- [Albergo da Lino](#) ~ +39 183 325039

Useful topographic maps

Ref. / Name	Publisher	Scale
TOP25 3538ET	IGN	1:25.000
TOP25 3537ET	IGN	1:25.000

Day 1 : Gare de Mont-Dauphin - Refuge de Furfande

Difficulty **FF** | Walking time 5h45 min | 1410 m | 100 m

Related stages :

[R131](#)

Just after Mont-Dauphin, Via Alpina crosses the village of Eygliers and joins the GR® 541 heading to the Queyras regional nature park. After having passed the highest point at the Garnier pass, the trail descends again to the Furfande hut in the midst of the pastureland by the same name.

Websites relative to natural and cultural heritage

- Queyras Regional Park : <http://www.pnr-queyras.fr/v2/>
- One of Vauban's most famous fort - World Heritage Site UNESCO : <http://www.mont-dauphin.monuments-nationaux.fr/>

Lodgings

Refuge de Furfande +33 6 16 56 23 79 +33 4 92 45 25 44 Email : contact@refugedefurfande.com www.refugedefurfande.com

Day 2 : Refuge de Furfande - Ceillac

Difficulty **FF** | Walking time 6h40 min | 1075 m | 1723 m

Related stages :

[R132](#)

This stage leaving from the Furfande hut passes entirely along the "Tour du Queyras" trail at the heart of the Queyras regional nature park. After an abrupt descent to the Guil valley, which it crosses at the Bramousse bridge, it crosses larch woods and pastureland to reach the Bramousse pass before heading down to Ceillac, the stage destination.




Websites relative to natural and cultural heritage

- Queyras Regional Park : <http://www.pnr-queyras.fr/v2/>

Lodgings

Les Baladins +33 4 92 45 00 23 Email : info@lesbaladins.com <http://www.lesbaladins.com/>
Refuge de la Cime 04 92 45 19 12 06 86 87 41 14 Email : refuge@ceillac.com <http://www.refugeceillac.com/>

Day 3 : Ceillac - Maljasset

Difficulty  | Walking time 5h30 min |  1088 m |  829 m

Related stages :

[R133](#)

From Ceillac, the Via Alpina joins the GR® 5 to reach first the Miroir lake and then the vast Ste Anne lake at the foot of the Font-Sainte peaks. The trail then climbs to the Girardin pass, bordering the Queyras regional nature park. The descent along the Ubaye mountainside on more mineral terrain leads, after leaving the GR® 5, to the traditional hamlet of Maljasset, the stage destination.

Websites relative to natural and cultural heritage

- <http://www.queyras-montagne.com>

Lodgings

Gite-auberge de la Cure

+33 4 92 84 31 15

Email : maljasset.gite@yahoo.fr

www.maljassetgite.fr

Day 4 : Maljasset - Chiappera

Difficulty  | Walking time 4h50 min |  798 m |  1090 m

Related stages :

[R134](#)

Just after leaving Maljasset, the trail turns off to the east into the grassy valley of Mary to reach the pass by the same name, which opens out onto Italy. The route follows the Maurin valley downwards, past Lake Sagna to the hamlet of Chiappera at the bottom of the valley, near the imposing Rocca Provenzale fortress.

Websites relative to natural and cultural heritage

- <http://www.vallevaraita.cn.it>
- <http://www.ghironda.com>

Lodgings

Rifugio Campo Base

+39 171 99068 +39 334 8416041

Email : info@campobaseacceglio.it

www.campobaseacceglio.it

Day 5 : Chiappera - Larche

Difficulty  | Walking time 5h10 min |  1315 m |  1259 m

Related stages :

[D52](#)

From Chiappera the trail heads down briefly along Maurin Valley only to climb up the steep slopes westwards again. The route is along an old cart road to Grangia Pausa, and then along a trail. The crossing into France is made via the Sautron pass, a very mineral landscape, and then the trail heads downward through pastureland to the village of Larche, rebuilt after the war.

Websites relative to natural and cultural heritage

- Ubaye Valley community of municipalities : <http://www.ubaye.com>

Lodgings

Refuge de Larche

+33 4 92 84 30 80

Email : refugedelarche@hotmail.fr

Gite auberge du Lauzanier

+33 4 92 84 35 93

Warning

This data contains the information published on the website www.via-alpina.org at the time of the download. The data have been collected by a large number of local partners in each of the Alpine regions. They are updated at varying intervals depending on the region. We are aware that there are still some inaccuracies and differences in quality and we would be grateful if you made us aware of any that you find by using the "comments" section included on each stage sheet of the website.

Credits: see www.via-alpina.org/en/credit

Export date : 2019-08-23